



ADULT TENNIS PROGRAM

144 Samford Rd, Ferny Hills, QLD 4055

VETERAN MORNING SOCIAL TENNIS MONDAY - FRIDAY MORNINGS

Do you enjoy a cuppa & a chat and some social tennis in the mornings?

Reserve a court for the morning and play with your friends or join one of our existing friendly groups who play throughout the week.

MONDAY NIGHT SOCIAL TENNIS 7PM

If you haven't played for years but want to get back into the swing of things on the tennis court or you are starting your first match play program, then Social Tennis is the perfect place to start. Our group of social players all enjoy a game of tennis but are here for some exercise, social interaction and some fun. No commitment is required, just turn up on Monday evening between 7 - 8pm and we will organise 3 sets of social doubles for you. All players who come to our Monday Social night is given a Super League/Fixtures grading & our friendly staff will let you know what other options are available to you based on your playing level. First night is complimentary for any new player.

THURSDAY MORNING SOCIAL TENNIS

Very relaxed program suitable for ladies looking for a social game of tennis during the day. Not appropriate for complete beginners or advanced players - but great for the ones in-between! Thursday mornings approx 9am start, Tennis Balls provided, No bookings required, just meet behind court 2 with your racquet and smile! N.B: Does not go ahead during School Holidays

THURSDAY NIGHT SOCIAL FIXTURES FROM 7.30PM

Enjoy playing singles and doubles and would like a regular hit of social tennis each week? Thursday Social Fixtures offers a team based program with 2 person teams competing in a social environment for a 6 month season. Play with a friend or we can match you with a partner for the season. A fun finals night concludes each season with drinks, food, tennis & presentation. Reserve Players also welcome to register their interest to play and will be called on when a team member can't play.

ADULT INTER CLUB COMPETITION

Tuesday & Wednesday Evening Super League is a 2 person teams format of 1 singles & 2 doubles per player. Divisions are graded based on playing standard (intermediate - advanced players catered for) Play against other north side tennis centres. Home matches played at Ferny (generally every 2nd week is a home match) Tennis Balls, score cards etc are provided by the club you are scheduled to play at.

Draws and results are published on Tennis Brisbane's website each week. Each season goes for 6mths. Season 1 Feb - June, Season 2 July - Dec.

ADULT GROUP COACHING 18+ YRS

A good introduction for adults wanting to learn to play tennis and get the skills required to join a social tennis program. Participants will learn to perform shoulder turn, circular swing on ground strokes and consistency in contact, serve into the service box from the baseline & rally with a partner on a full court.

Group coaching inclusions

- 1-hour class; 10-week coaching term
- Average 8 pupils per coach
- Full Court
- Hard Ball
- Aim is to prepare participants to join the Monday Social Tennis Program and be able to play a match with friends/family.

PRIVATE LESSONS

Private Lessons are the quickest way to learn the basics and get you playing. It is also ideal for players wanting to work on specific parts of their game. Days and times are flexible to fit in with your schedule.

Program inclusions:

- Choice of a 30min or 60min session
- Max of 2 players per lessons (cost is split between both players)
- Individualised Lesson Plans tailored to achieving your goals.

PERFORMANCE FIXTURES

Performance fixtures is an invite only matchplay session for adult individuals wanting the highest quality competition against adults and high performance teenagers. Each Friday night is run in a monrad system, whereby if a player continues to win matches they will continue to play other winners. Matchups and rotations are different every week.

REGISTER TODAY :

07 3851 0444 / proshop@fernyhillstennis.com.au / nthbrisbane.puretennis.com.au